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Dockets Management Branch HFA-305  
Food and Drug Administration  
5630 Fishers Lane, Room 1061  
Rockville, MD 20852

RE: Docket Number 94P-0036

Ladies/Gentlemen:

It has come to my attention that there is a proposal put before the Food and Drug Administration requiring the food manufacturer's to list the trans-fat contents on the labels alongside the saturated fat. As a private citizen interested in her health I applaud this proposal and strongly urge this information be incorporated in the current labeling.

It seems to be more and more apparent that the consumption of trans-fats are dangerous to one's health in that they raise triglycerides and lower HDL (the good one) cholesterol. Since these trans-fats are so pervasive in processed foods, it would be most helpful for the public to know exactly how much and where they can be found.

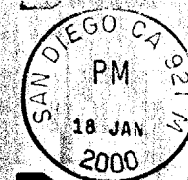
Sincerely yours,

*Ruth A. Yacko*  
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94P-0036

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